

Ashma Banu



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Ashmasaleemo2@gmail.com

OBJECTIVE

To enhance my professional skills in dynamic work place.

ACADEMIC EXPERIENCE

S. No	Designation	Nameofthecollege	Year of Experience		Date of Appointment to the college service
			UG Level	PG Level	
1.	Assistant Professor	Jamal Mohamed College(Autonomous)- Affiliated to Bharathidhasan University, Triuchirappalli, TamilNadu,India	2 Years	-	9 th August 2021 to till date

EDUCATION

M.Sc. Nutrition and Dietetics

Graduated – 2021

Jamal Mohamed College, trichy-20

B.Sc. Nutrition and Dietetics

Graduated – 2019

Jamal Mohamed college, trichy – 20

HSSLC

Graduated – 2016

Major – Science

Government girls higher secondary school, trichy-02

SSLC

Graduated – 2014

Major – General

Government girls higher secondary school, trichy-02

PROJECT PROFILE

Formulation & incorporation of low cost **lactogogue health mix powder** in various recipes for lactating mothers.

DIETETIC INTERNSHIP

BGS Hospital, Karnataka (November 2020-December 2020)

- Performed Nutritional assessment and anthropometric measurements.
- Created a modified diet to achieve reduced hypertension and blood glucose level.

AREA OF SPECIALIZATION

Food science, Human Physiology, Food Service Management, Food Processing, General Bio Chemistry, Food Standards and safety.

DETAILS OF PUBLICATIONS

Nil

DETAILS OF SEMINARS/WEBINAR/CONFERENCES/WORKSHOP ATTENDED

1. Acted as a resource person for the **webinar on Healthy Eating Habits for Public** for the National Nutrition Week Celebration in Holy Cross College, Trichy.
2. Participated in the One Day Workshop on Millet Foods: Design, Development and sensory evaluation organised by the National Institute Of Food Technology, Entrepreneurship And Management- Thanjavur (**NIFTEM-T**)
3. Participated in the Bakery and Confectionary **four days workshop** organized by the department of Nutrition & Dietetics, B.voc Food Processing & Safety
4. Attended the **National Nutritional Week** celebration conducted by **GVN Hospitals** with accompanying 35 students and attended the conference.

5. Industrial visit to **NAGA Imit., Food manufacturing unit** with accompanying B.voc food processing & safety students located at Dindugal.
6. Participated in the National Seminar on “**Nutrition and Health Trends, Challenges and Strategies**” Organized by the PG and Research Department of Nutrition and Dietetics, Jamal Mohamed College.

INDUSTRIAL VISIT

(2019-2023)

1. Visited the Cereal processing unit located at Mahalakshmi Nagar.
2. Visited to the Milk & Milk processing unit @ vijay foods. Thuraiyur main road, peramangalam, Trichy - 621010
3. Visited the Food Processing unit , royal drinks, nachiyarpalyam , woraiyur ,Trichy-03 accompanying 55 students.
4. Visited with 65 students to dollar tea industry, kothagiri and “The Tea Factory”, Ooty.

ACADEMIC ACHIEVEMENTS / ACTIVITIES

1. Acted as an **Organising Secretary** in the “Nutri Millet Mela” organized by the department of Nutrition & Deitetics during the academic year 2022.
2. Acted as **Certificate and Prize** distribution incharge during the academic year 2022-2023
3. Acted as Attendance incharge for the events conducted during the academic year 2022-2023

EXTRA CURRICULAR ACTIVITIES

- Acted as Director in YRC (Youth red cross) during the year (2016-2019)
- Acted as Editor in YRC (Youth red cross) during the year (2016-2019).

SOFTWARE EXPOSURE

- MS word
- Power point (PPT)

LANGUAGE KNOWN

- Tamil
- English

PERSONAL PROFILE :

Name : S.Ashma Banu
Fathers name : S.Saleem Basha
Date of birth : 26-09-1999
Sex : Female
E-mail address : ashmasaleem02@gmail.com
Marital status : Married
Nationality : Indian
Religion : Muslim

REFERENCE

Dr.M.I.Fazal Mohamed
Head Of The Department
Department of Nutrition And Dietetics
Jamal Mohamed College

DECLARATION

I hereby declared that the above mentioned details are true to my knowledge.

Date :

Place :

yours truly,

S.Ashma Banu